



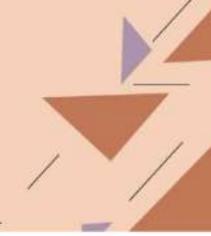
ACCREDITED A++ BY NAAC

LUCSC

SANSKRITI SURABHI

OFFLINE EVENTS ARE LIMITED TO THE COLLEGES SITUATED IN LUCKNOW ONLY.

RULEBOOK





The University of Lucknow, a thriving academic community comprising over 10,000 students and staff, is a distinguished public state university situated in the city of Lucknow, Uttar Pradesh. Established in 1867, it holds the honor of being one of India's oldest government-owned institutions of higher learning. The primary campus, located at Badshah Bagh in the University Road area, is complemented by a second campus in Jankipuram.

Lucknow University has garnered accreditation from prestigious bodies such as the NAAC (National Assessment and Accreditation Council), BCI (Bar Council of India), and NCTE (National Council for Teacher Education). Founded in 1920, it stands as a prominent public state university, offering an extensive array of more than 82 undergraduate and postgraduate courses across diverse fields of study.

THE COMMITTEE

AND SPORTS COMMITTEE (LUCSC)



The Lucknow University Cultural and Sports Committee is a dynamic and influential studentrun organization boasting a membership of over 100 dedicated individuals. This committee is committed to enhancing the college experience for students and facilitating the showcase of their remarkable talents.

At the helm of the LUCSC are the President, Convener, and Co-convenor, who lead with passion, vision, and unwavering dedication. They provide the committee with direction, set goals, and oversee its various initiatives. Working in collaboration with these student leaders is the Teacher Coordinator, who offers guidance, mentorship, and valuable insights to ensure the committee's success.

OUR PATRONS



Prof. Alok Kumar Rai Hon'ble Vice Chancellor University of Lucknow



Prof. Dr. R.K. Singh Director, Second Campus, University of Lucknow



Prof. Mohammad Ahmad Additional Proctor Second Campus



Dr. Anurag Kumar Srivastava Incharge, Sports & Gymnasium, Second Campus

FACULTY CO-ORDINATORS



Prof. Satish Chandra Director, LUCSC Seculty of Law



Prof. Pushpendra Tripathi Co-Birector, LUCSC Institute of Pharmaceutical Sciences



Dr. Vineet Saxena Co-Director, LUCSC Institute of Management Sciences



Dr. Anupama Srivastava Co-Director, LUCSC Institute of Tourism Studies



Dr. Anand Singh Co-Director, LUCSC Faculty of Law



Dr. Amerjeet Yadav Co-Director, LUCSC Feculty of Yoga & Alternative Medicine

A



Dr. Sujata Diwakar Co-Director, LUCSC Institute of Non-Ranewable Energy

CORE-HEADS



Asst. Prof. Dr. Ugrasen Verma President, LUCSC



Mr. Devesh Yadav Convenor, LUCSC



Mr. Shivam Mishra Co-Convenor, LUCSC



Ms. Poornima Arya Co-Convenor, LUCSC



Mr. Satvik Yadav P.R Head, LUCSC



Ms. Versha Gupta P.R Head, LUCSC

The



Mr. Siddarth Tiwari Student Co-Ordinator, LUCSC

CONNECT WITH US

MOBILE NO.

Mr. Devesh Yadav (Convenor)	83187 78687
Mr. Siddharth Tiwari (Student Coordinator)	74600 01140
Ms. Poornima Arya (Co- Convenor)	91201 18320
Mr. Shivam Mishra (Co- Convenor)	79918 58685
Ms. Varsha Gupta (Public Relations Head)	96828 65408

SOCIALS

: @lucsc_official

: @lucsc_official

: lucsclkouniv@gmail.com

: @lucsclkouniv

GENERAL RULES

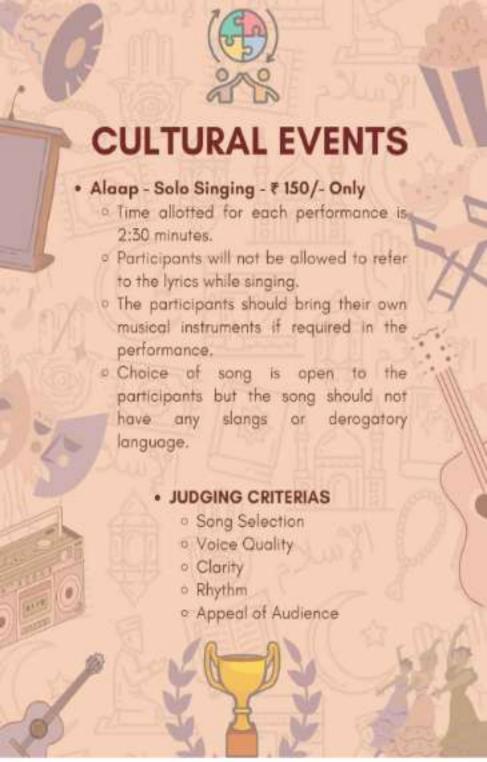
- Every participant has to arrive 1 hour before his/her event on the verification desk for verification of your registrations and teams.
- In the events that require a team, the team members can be of different colleges/departments (Mixed teams) as well as the same college too.
- Participations open for every college of Lucknow.
- Please bring a Student ID proof (ID card, Allotment Letter, or any proof of being in the college listed by you).
- Participation Certificate and Certificate of Achievement will be given to participants.
- Decision of Judges and Referees will be final.
- Do not disrespect or misbehave with any member of the Organizing Committee (i.e. Lucknow University Cultural and Sports Committee).
 - Maintain the decorum of the campus. Participants are not allowed to loiter in the campus without the permission of their allotted Campus Heads.
 - Follow the code of Theme given for the event (i.e. Evolution of Era) for theme related events.
 - Winners will get exciting prizes along with Certificates of Achievement.

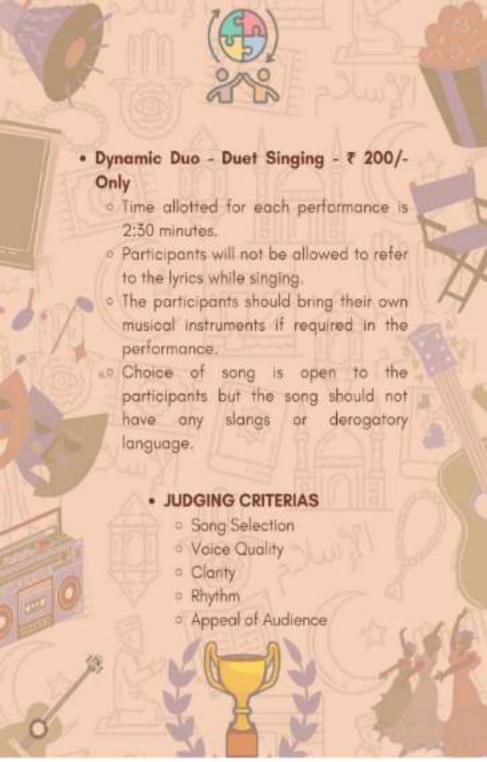
THEME DESCRIPTION

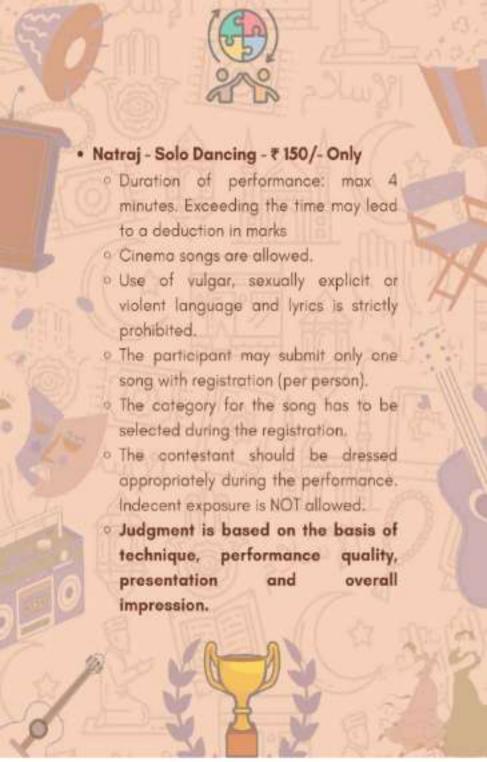
Stabilising the Unstable

- In the times of chaos all over the world, the theme aims at securing stability in every aspect of worldly life; be it geopolitics, gender orientation or the constant westernization of Indian tradition and culture.
- The theme aims at spreading among the community the idea of cooperation among various sects of the society and at the same time maintaining the individual identity.
- In achieving the aim of the said theme, we, the youth of this nation deserve a special mention as it has been aptly said that 'Youth are the future of a nation'.
- All performances and events in Sanskriti Surabhi 2024 will be intricately linked with this central theme, highlighting the profound effects and impacts of Stabilising the Unstable.

- Participants are invited to explore the theme "Stabilising the Unstable," showcasing how stability can be achieved in various aspects of life despite global chaos.
- For instance, in singing competitions, participants can focus on songs that speak of hope, resilience, and overcoming adversity.
- In face painting competitions, artists can depict scenes of balance and harmony, illustrating the delicate equilibrium in tumultuous times.
- In the 'Jodi No.1' competition, pairs can embody figures who have been symbols of stability and perseverance in history, literature, or mythology. Through their performances, they can bring these stories to life, highlighting the strength found in unity and steadfastness.
- In essence, "Stabilising the Unstable" encourages participants to reflect on the ways in which stability is sought and maintained amidst the ever-changing dynamics of our world. Through art, music, dance, and dialogue, we aim to foster a spirit of cooperation, resilience, and the enduring human quest for balance. Join us as we celebrate the resilience and adaptability that bind humanity together.





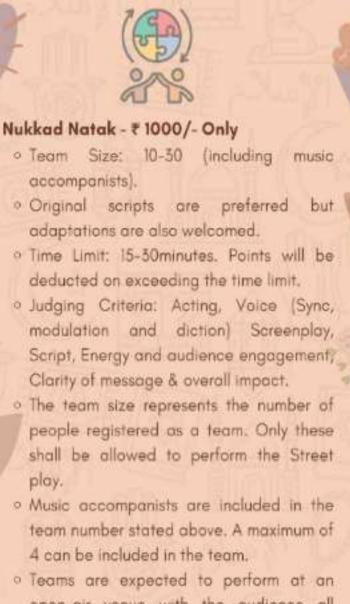






- Nrityanjali Group Dancing ₹ 400/- Only
 - Duration of performance: max 4 minutes.
 Exceeding the time may lead to a deduction in marks
 - Cinema songs are allowed.
 - Use of vulgar, sexually explicit or violent language and lyrics is strictly prohibited.
 - The participant may submit only one song with registration (per person).
 - The category for the song has to be selected during the registration.
 - The contestant should be dressed appropriately during the performance. Indecent exposure is NOT allowed.
 - Judgment is based on the basis of technique, performance quality, presentation and overall impression.





play. Music accompanists are included in the team number stated above. A maximum of

o Teams are expected to perform at an open-air venue with the audience all around.





- No electrical appliances/musical instruments shall be allowed during the performance whether inside or outside the circle of performance.
- Only live music is allowed. Teams will have to bring the instruments. No instruments will be provided.
- The language of the performance should be Hindi/English or both. However, short subpassages in other languages are allowed.
- Any fluid, live animals, flames, heavy objects or any material which has a possibility of damaging.
 the stage is not allowed.
- Only colours may be used during the play, but the teams have to clean the area after their performance & the cleaning time will be included in the performance time.
- Vulgarity is strictly prohibited. If found guilty, it would result in the disqualification of the team.
- The decision of the judges and organizing team will be final & abiding.



Adakaari - Mono Act - ₹ 150/- Only

- Time Limit: 3 to 10 minutes.
- The act can be in English, Hindi or Bilingual. Short phrases from other languages can be used.
- Judging Criteria: Voice modulation, Variety of characters, Flow of expression, Acting skills, Script and Content, Expressions, and Overall impression.
- Original scripts are preferred but adaptations are also welcomed.
- Performance must consist of a single act with no blackauts.
- Points will be deducted on exceeding the time limit.
- The decision of the judges and organizing team shall be final and abiding.
- Any kind of vulgar, promoting intoxication & derogatory or hateful content against any
- gender, race, caste or sexuality would lead to immediate disqualification
- Use of flammable substances such as candles, matches or cigarettes or any alcoholic product during the performance on stage is not allowed and will result in disqualification.



Tape-a-tale - English Storytelling - ₹ 150/- Only

- Each participant will have to come 30 minutes before the competition starts.
- Participants must wear proper dress based on the participants' stories and not violate society's norms.
- A maximum of 7 minutes will be given to tell a story.
- Participants must give a relevant title to their story.
- Creation must be original and owned.
- Participants must continue the story from the point where it's left off.
- When the participants make mistakes during a performance, the committee does not allow any pause of duration nor provide any restart for the participants.
- Mobile, books or any other reference will not be permitted if found using any such reference then the participant will be immediately disqualified.



• चलो अपनी कहें - Hindi Storytelling - ₹ 150/- Only

- Each participant will have to come 30 minutes before the competition starts.
- Participants must wear proper dress based on the participants' stories and not violate society's norms.
- A maximum of 7 minutes will be given to tell a story.
- Participants must give a relevant title to their story.
- Creation must be original and owned.
- Participants must continue the story from the point where it's left off.
- performance, the committee does not allow any pause of duration nor provide any restart for the participants.
- Mobile, books or any other reference will not be permitted if found using any such reference then the participant will be immediately disqualified.



- None of the participants is allowed to read any story from the text or keynote when delivering the story.
- Use of abusive, targeting or vulgar terms is strictly prohibited, even a single instance would lead to disqualification.
- Each participant must stay at the competition venue until the competition ends, and must keep quiet when another participant delivers his/her story.
- Every rule must be followed. disqualification may be applied to any participant who violated these rules.

JUDGEMENT CRITERIA

- Picking an engaging and easily understood story, with a beginning, middle, and end.
- Having a good stage presence with facial expressions.
- Memorization skills with good pacing and flow of the story.
- Note- The judge's decisions are final and there is no correspondence pertaining to the judging process that will be reconsidered. So all participants must respect and appreciate every judgment from the judges.



• बज़्म-ए-कलम - Hindi Poetry - ₹ 150/- Only

- The contestant will have to provide biographical information using an entry form before submitting their entries.
- The poem should be original. Plagiarism of any sort would lead to straight disqualification.
- A poem should not be more than 1000 words.
- The poem should be preceded by a 2-3 line write-up regarding how it relates to the theme. The write-up needs to be in Hindi.
- The poems will be judged on the basis of Content, Originality, creativity of the Title, and overall impact.
- The poems should not have obscene language or any vulgar innuendos. Usage of such language will lead to disqualification
- A person is allowed to submit a maximum of 2 entries by submitting separate forms [irrespective of the language]
- Before the winners are announced, they will be contacted to verify their identity as filled in the poem submission form.



Du-Coeur - English Poetry - ₹ 150/- Only

- The contestant will have to provide biographical information using an entry form before submitting their entries.
- The poem should be original. Plagiarism of any sort would lead to straight disqualification.
- A poem should not be more than 1000 words.
- The poem should be preceded by a 2-3 line write-up regarding how it relates to the theme. The write-up needs be in English.
- The poems will be judged on the basis of Content, Originality, creativity of the Title, and overall impact.
- The poems should not have obscene language or any vulgar innuendos. Usage of such language will lead to disqualification
- A person is allowed to submit a maximum of
 2 entries by submitting separate forms
 [irrespective of the language]
- Before the winners are announced, they will be contacted to verify their identity as filled in the poem submission form.

SPORTS EVENTS Chess - ₹ 100/- Only • Knockout matches of 5 minutes Blitz with • 0 seconds increment will be held. • En passant cannot be used. • Participation Certificate and Certificate.

HHALL

 Participants have to reach on their given time or else the team will be disqualified.

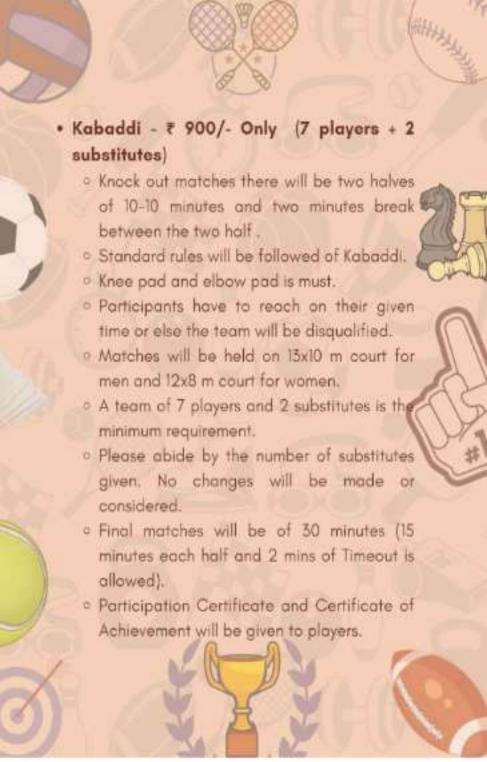
of Achievement will be given to players.

 Prize pool will be decided only when the participant limit of 25 players is reached.

Carrom - ₹ 100/- Only

- Knockout matches will be held.
- Only darts on the board at the end of each row will be counted and once that bounce or fall out cannot be thrown again.
- Participation Certificate and Certificate of Achievement will be given to players.
- Participants have to reach on their given time or else the team will be disqualified.

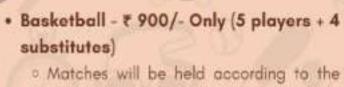






Arm Wrestling - ₹100/- Only

- Competitors begin with one elbow placed firmly on a flat surface, typically a table, forming a 90 degree angle, and their hands gripping each other's.
- A firm and fair grip is essential, with no intentional slipping or sliding of hands allowed.
- Referee's decision will be considered final.
- Competitors must maintain square shoulders and refrain from using their body to gain an advantage. Propping one's arm with the nonwrestling hand is not permitted.
- A best of three format will be followed in which the first person to successfully pin their opponent's wrist wins the match.
- Refrain from using the shoulder for leverage, lifting an elbow off the table, and false starts. Repeated fouls may result in disqualification of the participant.
- Participation Certificate and Certificate of Achievement will be given to players.



- Matches will be held according to the rules and regulations of Basketball Federation of India.
- Court size would be considered according to NBA.
- Each team will consist of 9 players (5 players + 4 substitutes).
- Please abide by the number of substitutes given. No changes will be made or considered.
- Every game will consist of 2 halfs of 10-10 minutes each.
- Final will be of 15-15 minutes each.
- Referee's decision will be final.
- Participation certificate and certificate of Achievement will be given to players.
- Participants have to reach on their given time or else the team will be disqualified.



 Participation Certificate and Certificate of achievement will be given to players.

Participants have to reach on their given time or else the team will be disqualified.

a Every team must carry their own kit including

- · Football Shoes
- · Shin Guard
- Black Stockings

 And if any team found lacking the items mentioned above will be disqualified.











- Best of 3 matches will be held according to the rules of Table Tennis Federation of India.
- Matches will be held of 11 points.
- Participation Certificate and Certificate of Achievement will be given to players.

Table Tennis (Mixed) - ₹200/- Only

- Best of 3 matches will be held according to the rules of Table Tennis Federation of India.
- Matches will be held of 11 points.
- Participation Certificate and Certificate of Achievement will be given to players.









PHOTOGRAPHY EVENTS • Freeze the Second - Perfectly-Timed Photos - ₹ 100/- Only • All photographs must be taken outdoors and in street photos. Contestants can

 Photos must be taken during the competition. Stock photographs shouldn't be used.

submit photographs of objects like still photos, dynamic photos, and light photos.

- Be creative with your photos. Any type of camera can be used. Photographs other than the animals of your homestead are not eligible.
- · Photos must be in jpeg format.
- Digital files should be submitted in PDF format.
- The reports are to be sent to the Email id lucsalkounivegmail.com.
- Participants are eligible for a Certificate of participation.







any photographs for reference.

competition.

Time duration is 1.5 hours.

allowed.

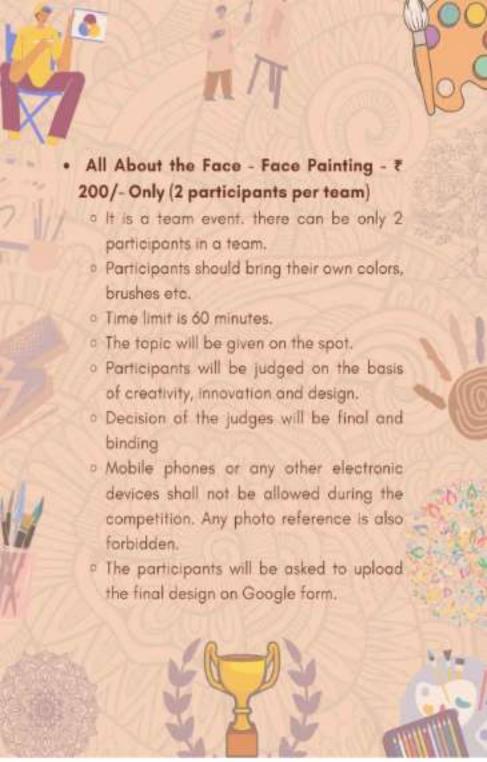
Mobile phones or any other electronic

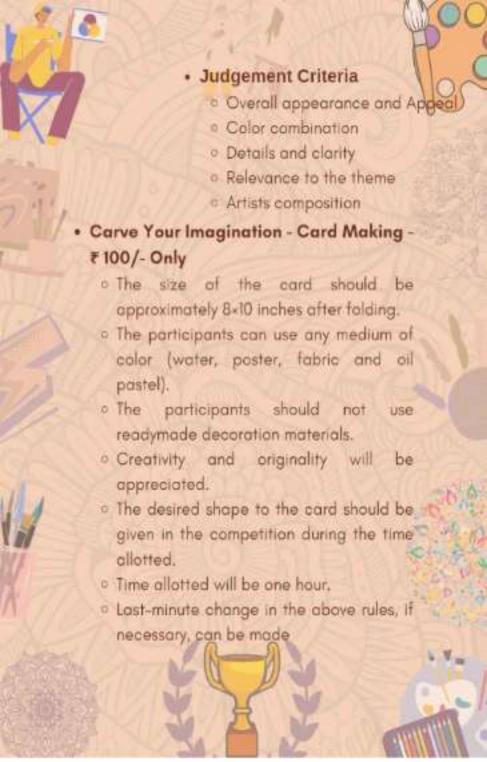
Any sort of tracing or copying is not

devices shall not be allowed during the



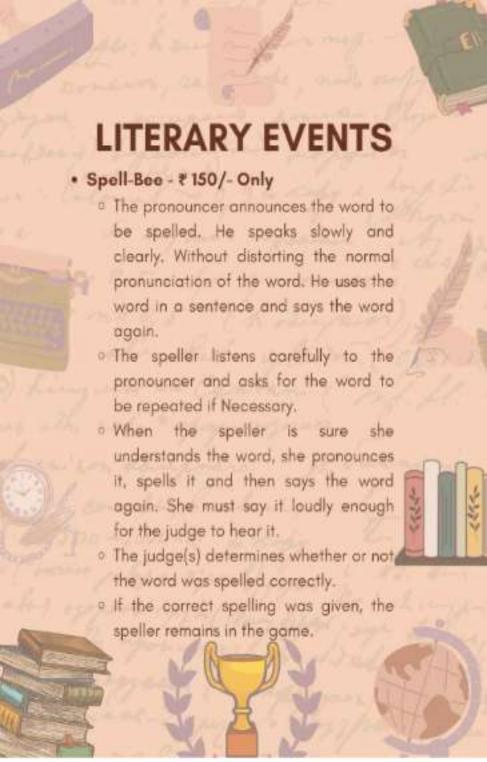


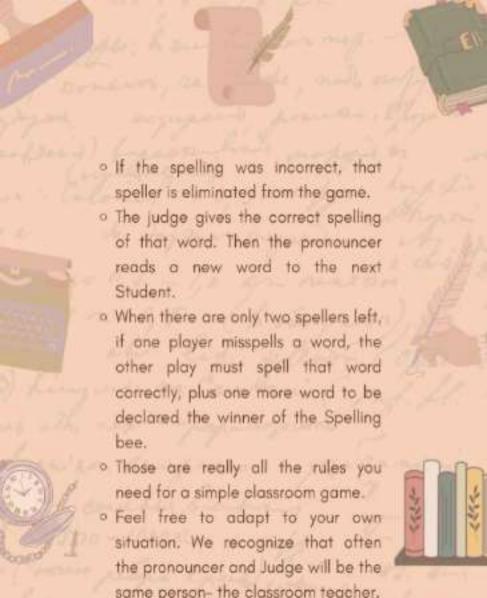


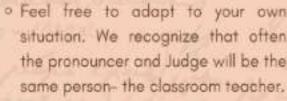


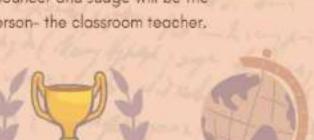




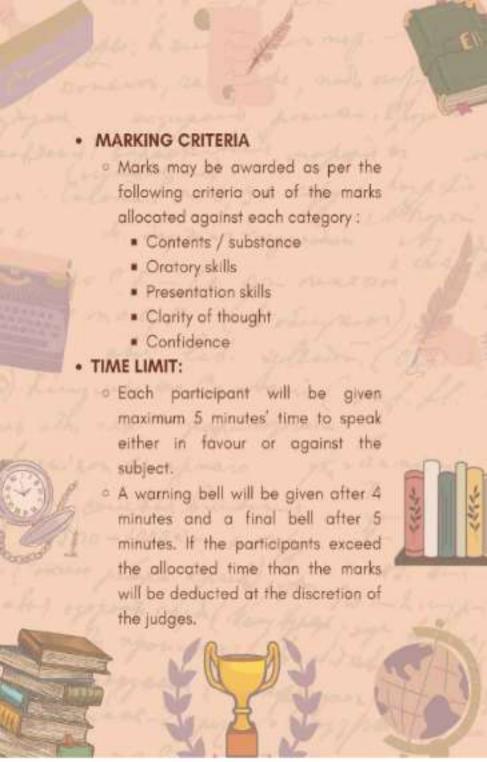








वदनयुद्ध - Hindi Debate - ₹ 100/- Only The participants will be informed about their stand, i.e., either "For the Motion" or "Against the Motion", 2 hours before starting that particular round. A team of 2 Debaters is mandatory. The participant must maintain professional decorum at all times throughout the competition. The use of abusive or profane language will immediately disqualify the participant. Individual scores of each round will be released after the completion of the respective round. · Each participant will be allotted a unique code for further reference and communication. · The participant will be required to use that code only. In case any participant is found disclosing his/her identity, he or she will be immediately disqualified from the competition. The decision of the judges invited for evaluation will be final and binding.



 DRESS CODE: Formal MISCELLANEOUS: · Winners will be awarded. a Participation certificate will be given to all the participants. The decision of the Judge shall be final & binding on all the participants. · Use of Electronic devices is strictly prohibited. Tug Of Words- English Debate - ₹ 100/- Only a The participants will be informed about their stand, i.e., either "For the Motion " or "Against the Motion ", 2 hours before starting that particular round. The participant must maintain professional decorum at all times throughout the competition.

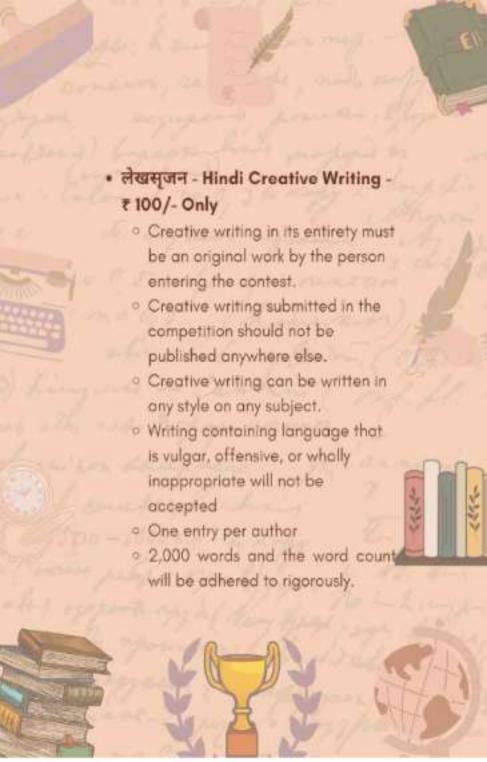
- The use of abusive or profane language will immediately disqualify the participant.
 Individual scores of each round will be released after the completion of the respective round.
 - Each participant will be allotted a unique code for further reference and communication.
 - The participant will be required to use that code only. In case any participant is found disclosing his/her identity, he or she will be immediately disqualified from the competition.
 - The decision of the judges invited for evaluation will be final and binding.

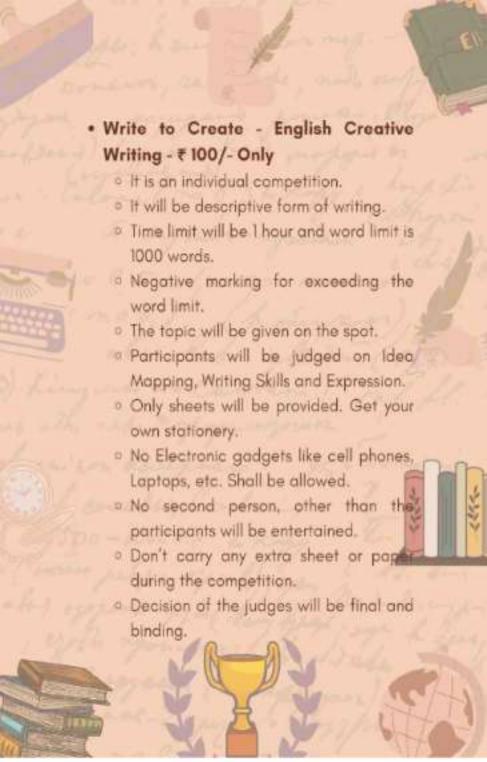
MARKING CRITERIA

- Marks may be awarded as per the following criteria out of the marks allocated against each category:
 - Contents / substance
 - Oratory skills
 - · Presentation skills
 - Clarity of thought
 - Confidence

. TIME LIMIT:

- Each participant will be given maximum 5 minutes' time to speak either in favour or against the subject.
- A warning bell will be given after 4
 minutes and a final bell after 5
 minutes. If the participants exceed
 the allocated time than the marks
 will be deducted at the discretion of
 the judges.
- DRESS CODE: Formal
- · MISCELLANEOUS:
 - · Winners will be awarded.
 - Participation certificate will be given to all the participants.
 - The decision of the Judge shall be final & binding on all the participants.
 - Use of Electronic devices is strictly prohibited.





National Article Writing - English (Online) - ₹ 100/- Only

- Maximum word limit 1500 words.
- The language should be English only.
- The essay should be typed in times new roman, 12 size with double spacing.
- The hand written essays will not be accepted.
- The essay should be the original work of the student and it should not be copied from anywhere. The writing should not have grammatical error as well as overlapping of contents.
- There should be structural coherence.
 The introduction and conclusion of the essay should be proper and rational.
- The evaluation will be made on the basis of content, coverage, facts, writing spirit inclined towards the topic and logical presentation with due rationale.
- The decision of the Jury shall be final & binding on all the participants.

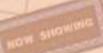






FLAGSHIP EVENTS

- Mugdha Fashion Show ₹ 200/-Only
 - The theme for the event is Stabilising the Unstable.
 - Participants must introduce themselves as the character they are presenting.
 - Time limit for every participant would be 3 minutes.
 - Negative marking if participants exceed time limit.
 - Participants must submit their tracks (if any) through any means before their performance.
 - Vulgarity is strongly prohibited. Any form of obscenity will lead to debarring.
 - Participants will be judged on costumes, theme, walking stance, attitude and tag Line.
 - Decision of the judges will be final and binding.
 - All costumes are permitted, which maintain decency including original costumes & fashion designs.
 - Purchased, professionally made, or rented costumes are permitted.
 - Qualified participants will be selected to compete in Mr. & Miss Sanskriti Surabhi.



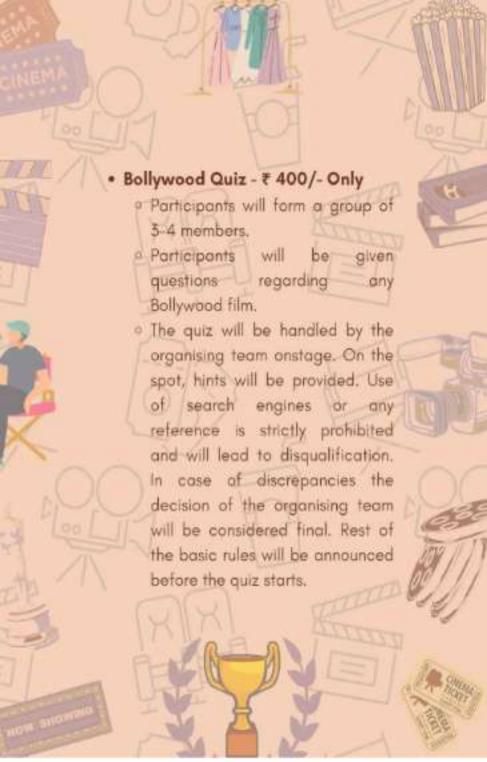


Mr. and Miss Sanskriti Surabhi - (Mudha Add-on)

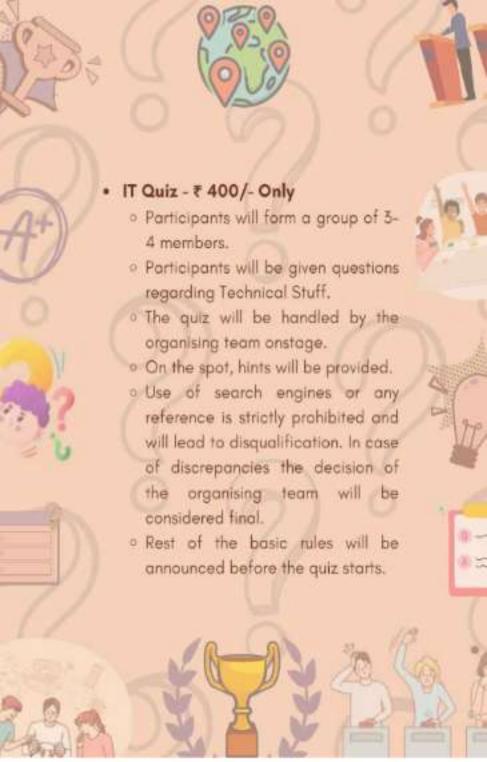
- Participant must be a student from a college and registered with Sanskriti Surabhi 2023.
- Participants can be interviewed any time on the judgement day. They should manage accordingly.
- The participants will be judged on the basis of the quality and confidence in their answers.
- In all the preliminary and final rounds, the decision of the organizers and judges shall be final and binding. No protest against any judgement shall be entertained under any circumstances.

Jodi No. 1 - Duo Modelling - ₹ 300/- Only

- All the rules of Mugdha (Fashion Show)
 will be applicable here.
- o The organizers are not responsible for any delays of the pageant. Any incorrect information will result in disqualification whether discovered prior to, During, and after the finals.
- pair of any era

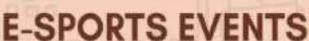






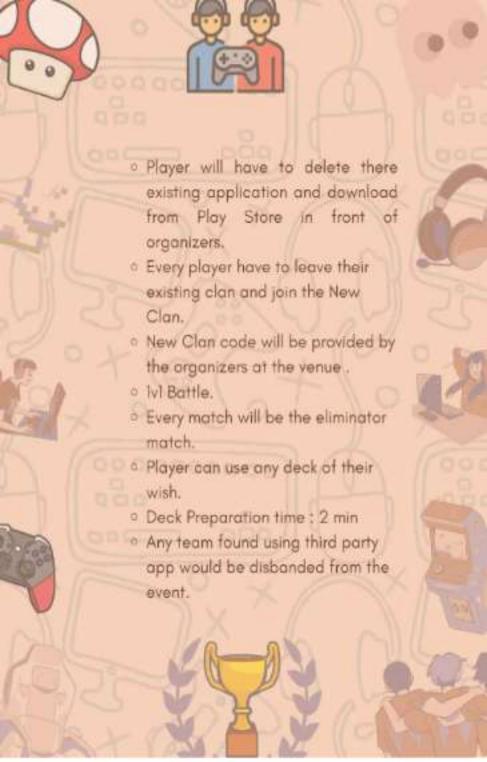




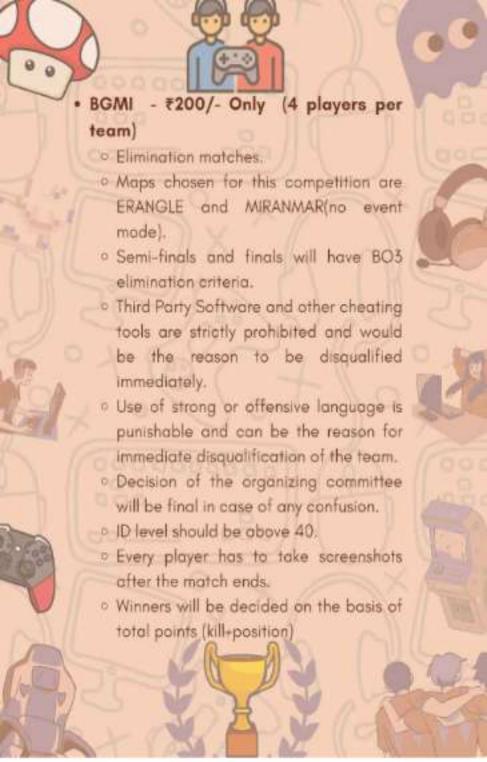


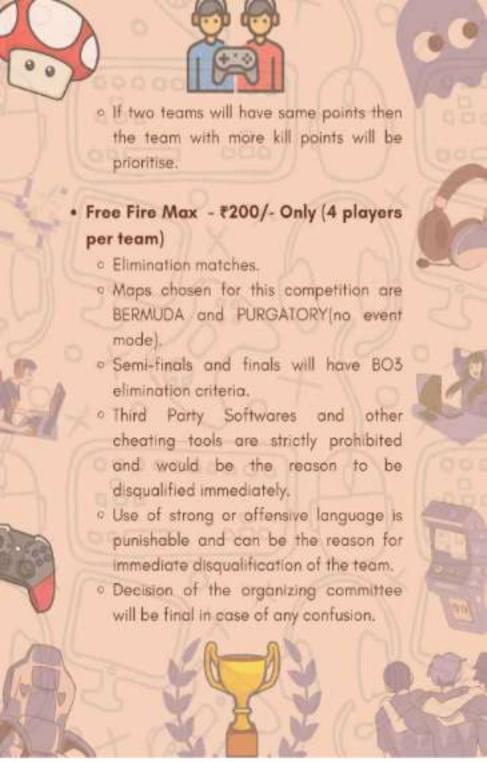
Use Of i-pad Or Tablet Will Be Prohibited

- . 8 Ball Pool ₹ 100/- Only
 - Matches will be in best of three formal
 - Tokyo
 - Las Vegas
 - Dallas Rodeo (9 ball)
 - Cue information which will be used by player
 - Force- Not more than 7
 - Aim not more than 6
 - Spin not more than 6
 - Time not more than 15 sec
 - Using mods or any cheat tool leads to disqualification of player.
- . Clash Royale ₹ 100/- Only
 - No mod APK or cheating will be allowed.









Thank you

Expressing heartfelt gratitude to all participants and dedicated team members who have contributed to the success of this event. Looking forward to seeing everyone on the occasion.

Wishing all participants the very best of luck!

QUERIES? CONTACT US:

i @lucsc_official

: @lucsc_official

: lucsclkouniv@gmail.com

:@lucsclkouniv